

Frequently Asked Questions

Individuals and Local Communities



TO ACCESS SERVICES: **888.743.1485**

On April 24, 2020, Governor Gavin Newsom announced the launch of a first-in-the-nation **Great Plates Delivered program**. The program is designed to support adults 65 and older and adults 60-64 who are at high-risk from COVID-19, in staying home and staying healthy by delivering three (3) nutritious meals a day, and also provide essential economic stimulus to local businesses and workers struggling to stay afloat during the COVID crisis. The following **Frequently Asked Questions** provide guidance to any individual or local community impacted by this program and choosing to participate.

Program Overview

How does the program work?

Aging and Adult Services will work with multiple local food providers to deliver three (3) nutritious daily meals to qualified individuals enrolled in the program. Each community conducts outreach to senior centers and senior populations to enroll qualified individuals in need. The program is locally managed to ensure the needs of diverse communities within California are addressed individually.

Who qualifies for enrollment into the program?

- Individuals who are 65 or older, or 60-64 and at high-risk as defined by the CDC, including:
 - Individuals who are COVID-19 positive (as documented by a state/local public health official or medical health professional),
 - Individuals who have been exposed to COVID-19 (as documented by a state/local public health official or medical health professional), or
 - Individuals with an underlying condition.
- Individuals must live alone or with one other program-eligible adult
- Participants must not be currently receiving assistance from other state or federal nutrition assistance programs
- Participants must earn no more than 600% of the federal poverty limit
- Individuals must affirm an inability to prepare or obtain meals

How long will the program run?

The program runs until June 10, 2020, which is the timeframe currently approved by FEMA. The state intends on requesting an extension for the Great Plates Delivered program.

Enrollment

How can I enroll into the program if I believe I qualify?

Aging and Adult Services will establish a streamlined process to enter into the program and will conduct a screening process to ensure individuals meet program criteria.

Meal Delivery

Will I be charged for meals delivered?

No, meals are delivered free of charge through this program.

How many meals may be delivered per day?

Each individual is allowed a maximum of three (3) nutritious meals per day.

How are meals selected and delivered?

Aging and Adult Services determines how meals are selected and delivered. Meals meet specific nutritional requirements. Individuals delivering meals are subject to background checks.

